

### ABSTRACT OF THE DISCLOSURE

A body stroking apparatus having a housing with a channel extending longitudinally therealong, an arm extending outwardly from the housing through the channel and vertically upwardly therefrom, a crossbar extending outwardly transversely to the arm, a plurality of flexible members affixed to the crossbar and extending downwardly therefrom, and a translation mechanism for moving the arm back and forth along the channel. The plurality of flexible members can include a plurality of flexible strips, a plurality of beaded lines and a plurality of flexible strands. A mat can be provided with a surface suitable for receiving a human body thereon such that the mat is positioned against a side of the housing with the crossbar extending over a top of the mat.